

Do you have all  
the skills for the job?

**UP** Skills for Work

Be confident and job  
ready with the key skills  
employers want.

The first cohort for this amazing program starts  
September 2024. Limited spots available!

Essential Skills Upgrading will be delivering  
the UP Skills for Work workshop, developed  
by ABC LifeLiteracyCanada

 12 week in-person program

 For adults 18+

 120 Berner Trail, Scarborough

 M-Tu-W, 12:30 – 3:00pm

 Valid SIN required

 Presto for those eligible

 416-396-6904 for more info

 [upgrading@tdsb.on.ca](mailto:upgrading@tdsb.on.ca)

The following modules will be  
covered:

- Accountability
- Presentation
- Collaboration
- Time Management
- Adaptability
- Stress Management
- Reading
- Writing
- Numeracy
- Digital
- Problem Solving
- Confidence
- Communication

**ABC**  
LifeLiteracyCanada

★ Certificate of completion! ★