

## Join a committee of parents/ caregivers across the TDSB that:

- Increases awareness of the importance of Mental Health and Well-Being and the impact this may have on a child's/youth's overall success in school and in life.
- Creates a better understanding that all members of the school community can benefit from Mental Health and Well-Being awareness and positive mental health practices. Supports parents & guardians to recognize and understand the signs and symptoms of mental health problems.
- Helps parents/guardians to understand the various pathways for support, both within the TDSB and with culturally responsive and identity affirming community partner agencies.

**Building on positive** relationship<mark>s between</mark> parents/caregivers and the board, encouraging conversation, focussed on improving Mental Health & Well-Being in the TDSB

## Join us on Google Meets link:

6:30 PM- 8:00 PM 2024/2025 Dates

Monday, September 24

Monday, October 28

**Monday, November 25** 

**Monday, December 16** 

Monday, January 27, 2025

Monday, February 24, 2025

Monday, March 24, 2025

Monday, April 28. 2025

Monday, May 26, 2025

Monday, June 23, 2025

Or dial: (US) +1 443-671-7082 PIN: 961 345 474#

Contact imani.hennie@tdsb.on.ca or annette.grossi@tdsb.on.ca



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