# Children and Youth Mental Health and Well-Being Strategy 2013-2017 Goals

## A Supportive Social Environment

Reducing the Stigma Associated with Mental Health.

## Providing High Quality Services and Programs

Professional development will focus on the foundations of mental health including anxiety, depression, suicide and self-harm. Professional development will be informed by evidence and best practices.

## Children and Youth Mental Health and Well-Being Strategy

The TDSB Nurtures Mental Health and Well-Being in our Students’ School experience.

## Parent and Community Partnerships

Expanding and Strengthening Partnerships to Better meet our Students’ Needs.

## A Caring School Culture and Healthy Physical Environment

Establishing Mental Health and Well-Being Teams in Every School.ssz