



# Student Nutrition Program



# TDSB Commitment to Student Nutrition

## **Nutrition Foundation Statement Policy P.035 Bus.**

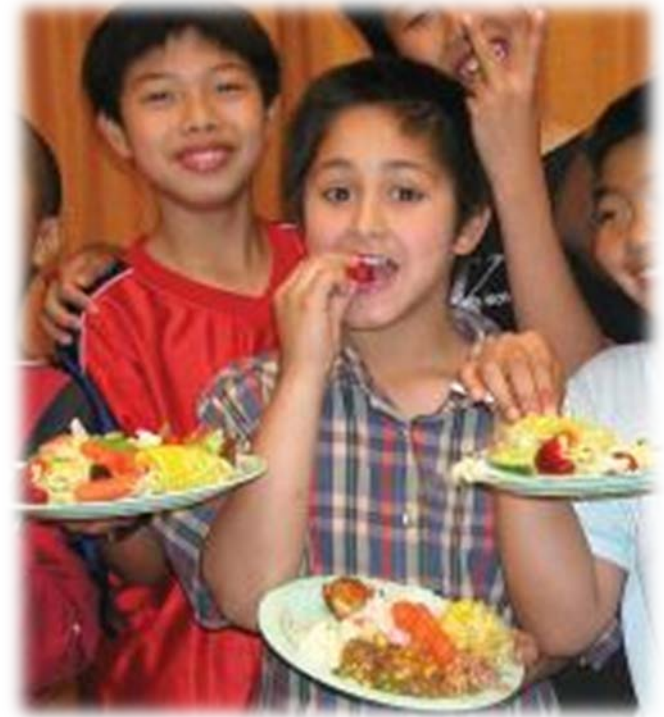
The Toronto District School Board recognizes the direct relationship between healthy nutrition and the academic achievement of our students .

- We are committed to working with our community partners to ensure that students have equitable access to high quality food.
- We believe that healthy food is necessary for student development - physical, emotional, intellectual and social.

# Toronto District School Board 2019 - 2020

## 576 Nutrition Programs in 422 Schools/Sites

✓ Breakfast	122
✓ Morning Meal	377
✓ Snack AM or PM	3
✓ Lunch	74



# Benefits to Students

## Impact:

Research has shown that students participating in nutrition Programs:

- Are able to concentrate better
- Retain and apply information more effectively
- More likely to demonstrate positive behaviours and relationships with peers
- Able to appreciate and enjoy a variety of foods
- Develop good nutrition habits that will last a lifetime



**Feeding Our Future Research** and Evaluation Project conducted a two-year pilot in 7 TDSB schools starting in 2008.

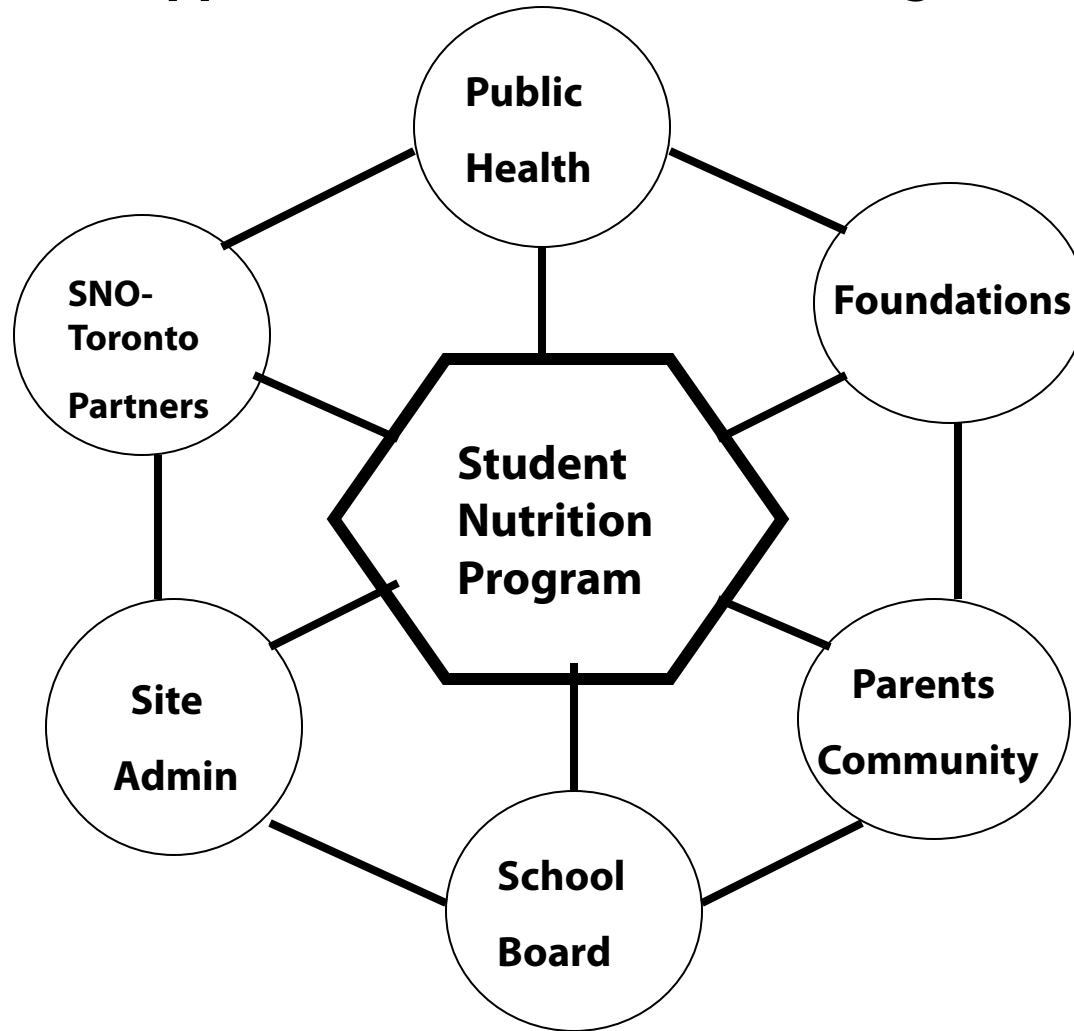
The research showed that students that eat the morning meal on most days in school week achieved better grades, felt better about their overall health and were on-track to graduate.

# Partnerships



- Toronto Public Health (TPH)
- Toronto District School Board (TDSB)
- Toronto Foundation for Student Success (TFSS)
- Toronto Catholic District School Board (TCDSB)
- Angel Foundation for Learning (AFL)
- FoodShare Toronto
- Second Harvest

# Support for Student Nutrition Programs



# Local Program Committee

## Role of Committee

- ✓ oversee operation of nutrition program.
- ✓ Recruit program coordinator and volunteers.
- ✓ Support the nutrition program coordinator in running of the program.
- ✓ Assist Principal in application for funding.
- ✓ Implement method of collecting parent contribution– when, how much.
- ✓ Local fundraising to support the nutrition program.
- ✓ Communicate to parents regarding contributions, menu, food allergies.
- ✓ Ensure nutrition program is financially stable.



## Who can participate

- School staff, administration
- Parents and volunteers
- Students

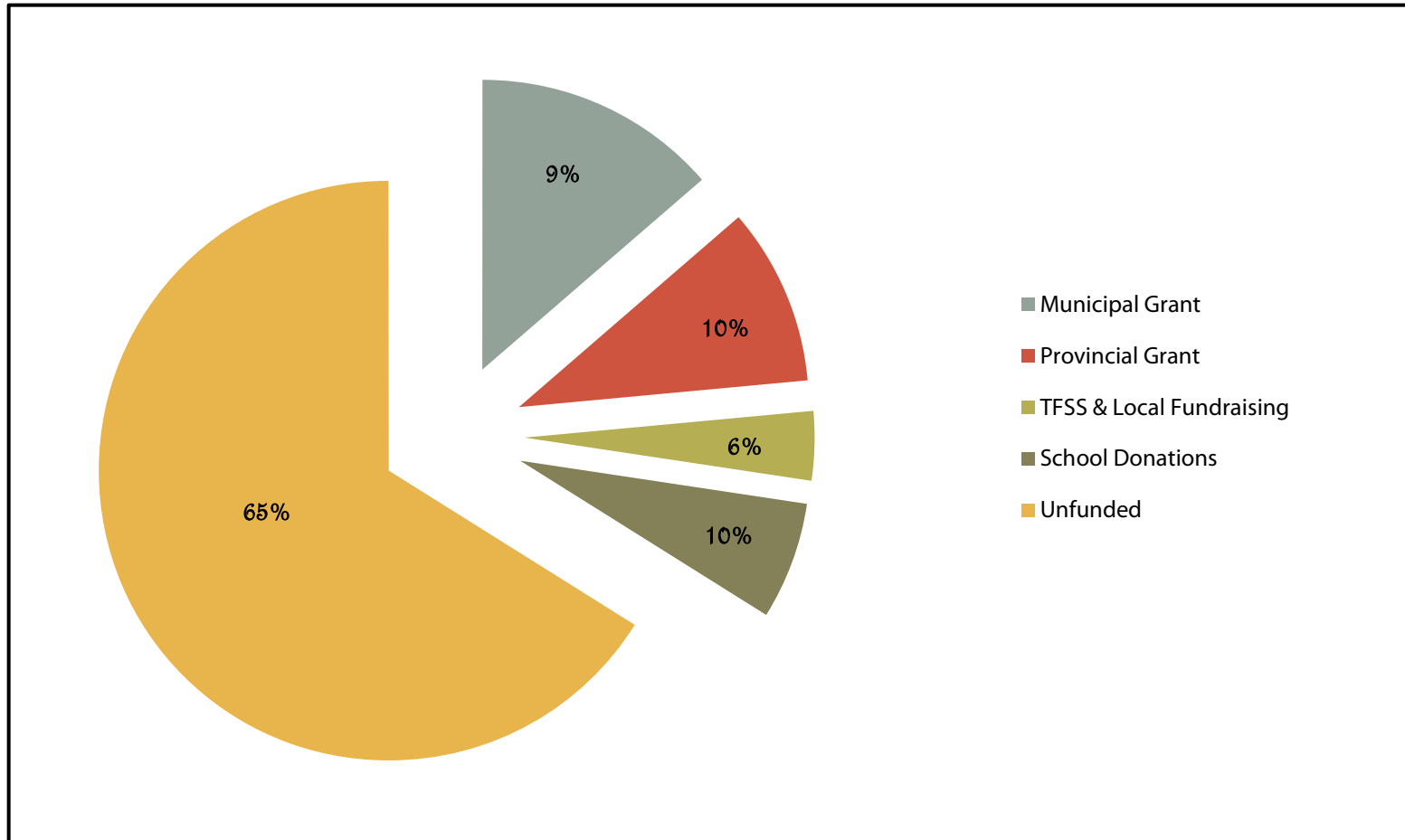
# Where does the money come from?



- **Province of Ontario**  
Ministry of Children, Community and Social Services
- **City of Toronto**  
Toronto Board of Health
- **Parental Contributions**  
Income tax receipt available with contribution over \$10
- **Corporate Sponsors**
- **Local Fundraising**



# Funding Model 2018-2019



Meal cost (\$1.69) as per Toronto Public Health Good Food Basket

# Criteria for Funding



- ✓ Food is available to all school age children.
- ✓ Nutritious, safe food offered daily.
- ✓ Ethno-cultural sensitivity reflective of school community.
- ✓ Local Program Committee.
- ✓ Parent Contributions.
- ✓ Financial accountability and liability.

# Student Nutrition Program Criteria

Student Nutrition Programs reflect the uniqueness of each individual school. Program criteria includes:

- ✓ Local Nutrition Program Advisory Committee
- ✓ Collection of parental contributions
- ✓ A universal program open to all students regardless of their ability to pay
- ✓ Nutritious, safe food, offered daily
- ✓ Ethno-cultural sensitivity
- ✓ Financial accountability and liability

# School Support

- ✓ Administration
- ✓ Teachers
- ✓ School Council and Parent Volunteers
- ✓ Support Staff including office administrators, custodial, hall monitors
- ✓ Students
- ✓ Space Utilities, Maintenance



# **Student Nutrition Ontario – Toronto**

## **Partnership support for your program**

### **TDSB – Student Nutrition Program Department**

- Nutrition Liaison Officers support school administration to start up and maintain nutrition programs and ensure programs operate according to funding and TDSB endorsed criteria.

### **Toronto Public Health**

- Dietitians available to visit programs to review menus and logistics to ensure healthy nutritious food and safe food handling practices.

### **TFSS – Toronto Foundation For Student Success** - flow through agency for funding.

- Financial analysts are available to train and assist with monthly financial reports.

### **Food Share Toronto**

- Community Development Animators support the nutrition program coordinator with day to day logistics such as menu, budgeting, food procurement.

# Student Nutrition Ontario -Toronto Partners



Toronto Foundation for Student Success



# Feeding Our Future

The Toronto District School Board recognizes the direct relationship between healthy nutrition and academic achievement of our students.

Student Nutrition Advisory Committee(SNAC) is in place to bring student nutrition matters forward to the TDSB in order to enhance student achievement and build strong confident members of society.

SNAC works with our community partners to actively lead the system advocacy for increased student nutrition funding with all levels of government and to prosper growth in student nutrition programs.

